

(IMAGE 1 OF 2)

Travel news

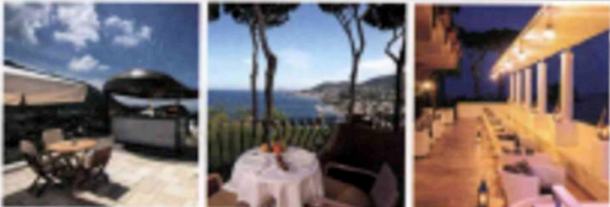
WORDS: CRAIG HOUGH



Volcanic Cooking on Ischia

Active travellers can embark on a part-trekking, part cooking, three-hour expedition on the south coast of Ischia for a true earth-to-table experience. The experience, available for guests of San Moritz Resort and Spa, commences with a trek through lush vegetation, throughout which guests pick herbs to season their lunch. The walk finishes at a bay with two thermal springs, and a beach where the sand reaches more than 100 degrees Celsius. Guests season their lunch with the freshly picked herbs, and simply bury it under the sand for it to cook by geothermal volcanic energy. Once the day is over, guests return to San Moritz Resort and Spa, to enjoy the hill-top resort overlooking the sea at the Bay of San Moritz and the Gulf of Naples.

www.sanmoritzresort.com



NEW FACES

Perago 700 Boutique Hotel & Spa in Ostia, Italy, has announced new Head Chef Giacomo Simone and Pastry Chef Valeria Di at Restaurant 700. Both joining with a wealth of international experience, they have created an enticing offering of brunch, lunch, dinner and unique tasting menus. The restaurant offers guests a unique menu that celebrates local ingredients and cuisine and the finest local wines from the hotel's impressive wine cellar, which was formerly the historical buildings olive oil chamber. Restaurant 700 can be found in the centuries-old, vaulted stone chamber which opens onto the traditional oil mill transformed into a convivial table and the state-of-the-art kitchen.

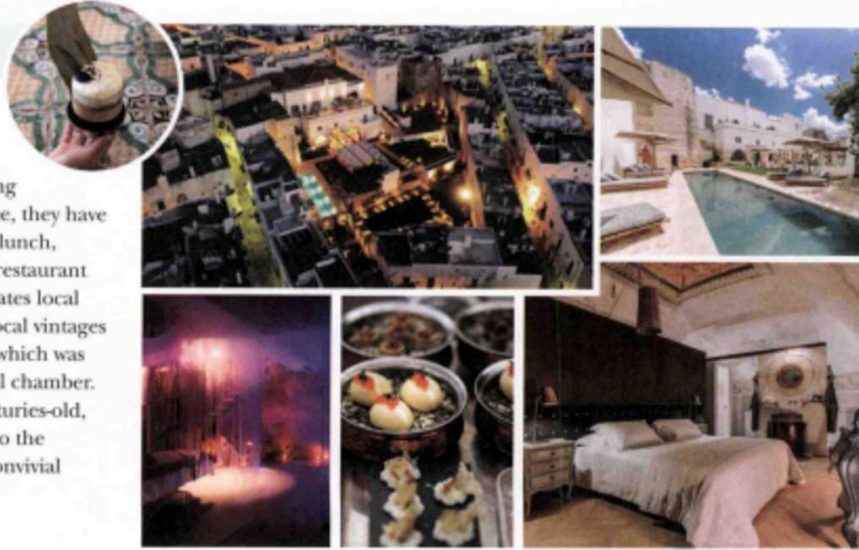
www.perago700.com



NEW FACES

Paragon 700 Boutique Hotel & Spa in Ostuni, Italy, has announced new Head Chef Giacomo Simone and Pastry Chef Valeria Di at Restaurant 700. Both joining with a wealth of international experience, they have created an enticing offering of brunch, lunch, dinner and unique tasting menus. The restaurant offers guests a unique menu that celebrates local ingredients and cuisine and the finest local vintages from the hotel's impressive wine cellar, which was formerly the historical buildings olive oil chamber. Restaurant 700 can be found in the centuries-old, vaulted stone chamber which opens onto the traditional oil mill transformed into a convivial table and the state-of-the-art kitchen.

www.paragon700.com



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